***Raw Vegan-Gluten Free***

 ***~POT LUCK DINNER~***

 **Monday June 15th**

 (**Doors open at 6 pm-dinner 6.30)**
 **Knox Presbyterian Church**

 **132Argyle & (King St.)Cambridge**

 **Leigh Czombos will speak about Lyme disease** in Canada

**A bacterial illness spread by tick bites.** 

**Lyme diseasemakes the differential diagnosis trickier as the symptoms mimic other diseases. Such asM.S., A.L.S., Crohn’s disease, Heart Disease, Diabetes, Ulcerative Colitis, Alzheimer’s & *more ~***

 ***How to keep the immune system for all reasons’***

 **Everyone is Welcome***!* 

 **Bring a pre-made raw vegan dish *for* 8-10 people~**

 **~Salad, pizza, pudding, veggie, dip & crackers~**

**For ideas google Raw Vegan Recipes.**

 **Call (519)653-7666 -E-mail Confirm A.S.A.P.**

  **A $10 donation will be collected to cover room expense**.

 ***Tricia Legault RNCP “Simply Choose Health”***

 ***Nutrition Consultant***

 ***Applied Kinesiology 519 519 519***

 ***~ Food Allergy Testing 653 653 653***

 ***1 519 653 7666 7666 7666 7666*** [***www.nutrishn.com***](http://www.nutrishn.com)